

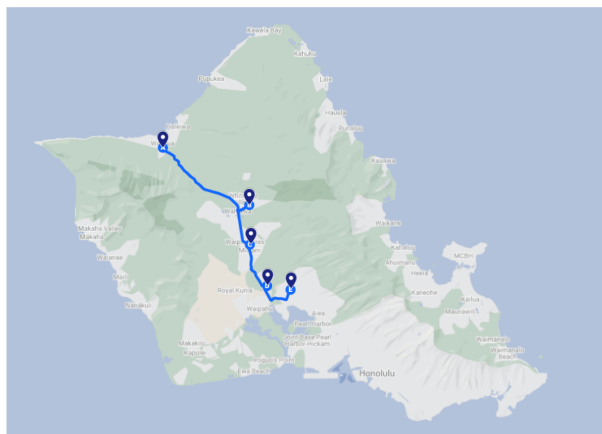


# ADORATION PILGRIMAGE

Holy Thursday | April 6, 2023

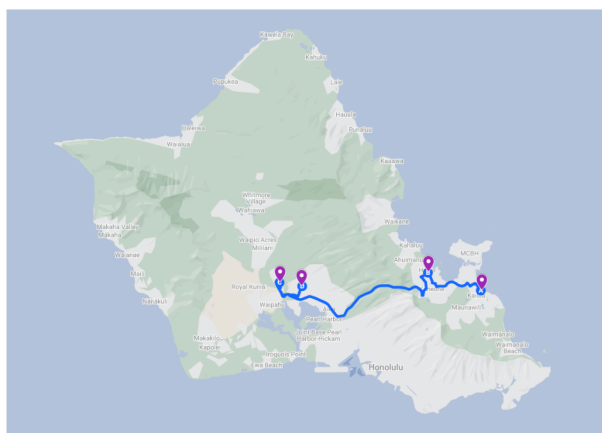






## CENTRAL ROUTE

- 9:15 PM St. Michael, Waialua
- 9:45 PM Our Lady of Sorrows, Wahiawa
- 10:15 PM St. John Apostle + Evangelist, Mililani
- 10:45 PM Resurrection of the Lord, Waipio
- 11:30 PM Our Lady of Good Counsel, Pearl City



## WINDWARD ROUTE

- 9:15 PM St. Anthony, Kailua
- 10:00 PM St. Ann, Kaneohe
- 10:45 PM Resurrection of the Lord, Waipio
- 11:30 PM Our Lady of Good Counsel, Pearl City

# HOLY THURSDAY

Holy Thursday is the feast that marks the end of Lent and the beginning of the Holy Triduum, which also includes Good Friday, Easter Vigil and Easter Sunday. At this Mass of the Lord's Supper Catholics remember the Passover meal, when Jesus instituted the sacrament of the holy Eucharist by sharing bread and wine with his disciples, saying, "Do this in memory of Me."

At the end of the Holy Thursday Mass, the Eucharist is placed on a temporary "altar of repose" away from the sanctuary. It is customary for the faithful to process together to this altar and spend time in quiet prayer and adoration. In the Roman Missal, it states: "The faithful are invited to continue adoration before the Blessed Sacrament for a suitable length of time during the night, according to circumstance."

The Seven Churches Visitation is a tradition that grew out of this time of prayer and adoration. Catholics remember when Jesus asked his disciples to stay and watch with Him while they were in the garden. This tradition of mindful watching is a sort of pilgrimage to various altars of repose, in different churches that correspond to each of the seven places, or "stations," that were made by Jesus between the Last Supper in the Upper Room to His crucifixion on the cross.

<https://catechistsjourney.loyolapress.com/2017/04/visiting-churches-on-holy-thursday/>

The "Seven Last Words of Jesus" has been a devotion of the Church for about 500 years. We like to pay close attention to the last words of somebody before they pass, and this is especially true for Jesus' words.

This devotion provides us an opportunity to take a step back and reflect on what Jesus spoke from the cross and wanted us to hear.

In this adoration pilgrimage, we will be incorporating these reflections during our visit to various altars of repose. We have provided a simple guide to help you on the journey.

Typically, this devotion is prayed on Good Friday. We invite you to continue your prayer and use this resource throughout this year's Easter Triduum.

#### **WHEN TRAVELING TO THE NEXT SITE:**

- Play the next video on YouTube in the car and listen to the reflection. Scan this QR code to access the "pray-list".



*"The Seven Last of Words of Jesus"*  
by Franciscan University of Steubenville

[https://www.youtube.com/watch?v=UTV3LkXUI68&list=PLi9aBiB10cls9IebBYsu\\_WQh6noOZP8AW](https://www.youtube.com/watch?v=UTV3LkXUI68&list=PLi9aBiB10cls9IebBYsu_WQh6noOZP8AW)

#### **UPON ARRIVING AT THE ALTAR OF REPOSE:**

- Read and reflect on the "word" from scripture. There are questions provided to help guide your quiet time. You may choose to use the spaces provided for journaling.

#### **AFTER 10-15 MINUTES OF ADORATION:**

- Wrap up your visit with a short prayer, and prepare to exit quietly. Load up the next video and repeat!

"Father,  
forgive them  
for they know  
not what they  
do."

Luke 23:34

# F O R G I V E N E S S

*Jesus—beaten, bruised, bleeding, crowned, crucified—speaks to us from the cross: “Father, forgive them, for they know not what they do”  
(Luke 23:34).*

Do we look at those who hurt us with forgiveness? Do we hold onto each insult in our hearts, nurturing anger, resentment, and vengeance?

Lord Jesus you know all that we do and yet you forgive us without hesitation. Help us to understand this gift and learn to be more forgiving.

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“Truly, I say  
to you, today  
you will be  
with me in  
Paradise.”

Luke 23:43



# SALVATION

*Jesus—beaten, bruised, bleeding, crowned, crucified—speaks to us from the cross: “Father, forgive them, for they know not what they do” (Luke 23:34).*

Are we willing to accept and bear our crosses for Jesus? Do we trust in His mercy and eternal salvation?

Lord Jesus you know all that we do and yet you forgive us without hesitation. Help us to understand this gift and learn to be more forgiving.

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“Woman,  
behold,  
your son...  
Behold, your  
mother.”

John 19:26–27

# RELATIONSHIP

*The greatness of Christ's love, that even dying on the cross he gives of her.*

As he prepares to leave the earthly realm, Jesus entrusts his mother, Mary, to “the disciple whom he loved.” Even as he was dying, Jesus was thinking of his mother and how she would go on after her son’s death.

What role does Mary play in your life? How is your relationship with your parents and other family members? What could you do to grow closer to them? Think about friends who feel like family, reflect and write about their importance to you and how you can show them how you feel.

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“My God,  
my God, why  
have you  
forsaken  
me?”

Matt. 27:46

# A B A N D O N M E N T

Jesus, in his moment of humanity, calls out in anguish from the cross. He is in profound pain, understanding the human weaknesses and suffering, is abandoned by most of his friends and suffering physically and emotionally. He shares in the sufferings of Israel, taking on the burden of all.

How do you perceive Jesus' cry of abandonment? Do you believe God had abandoned his son? Why or why not? When have you felt abandoned by family, friends or even God? In what ways can you relate to Jesus as a flesh-and-blood person?

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“I thirst.”

John 19:28

# D I S T R E S S

Jesus in this moment once again expresses and understands the human need. He thirsts and to quench his thirst, Jesus is offered a dirty sponge soaked in sour wine.

What are you thirsting for? How can you strengthen your faith life to quench that thirst? When have you felt distressed and cried out for what you needed? Who came to your aid? Where was God during your suffering?

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“It is finished.”

John 19::30



# TRIUMPH

With these three simple words, Jesus' work on earth is finished. He changes the course of human history. He declares victory over sin and death, and He fulfills the promises of God to his people.

When have you felt triumphant? How did God play a role in that experience? As Christians, we know Jesus' life and death had special purpose. How would you describe your life's purpose? If you're still searching, how might you discover who God is calling you to be?

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“Father,  
into your  
hands I  
commend  
my spirit!”

Luke 23:46

# REUNION

Normally called “The Word of Reunion,” Jesus proclaims that He will join God in heaven.

What do you think heaven will be like? What does it mean to you to be united with God? Do you see death as an ending, a beginning or both? What are we doing to grow in our relationship with Christ? Do we open our hearts to Him and to new life in Him?

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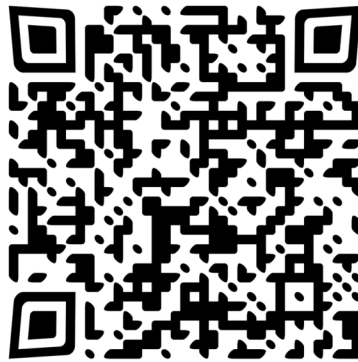
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